

REGISTER TODAY!

PRESENTED BY:



PARENT WORKSHOPS



April 7, 2022 6:00 pm—7:00 pm

Burning Up Instead of Burning Out: Improving Your Personal Performance Through Improving Physical, Intellectual, and Emotional Health

Presenters: Dr. Don and Claudia Parker

This workshop was designed to inspire people and empower them to activate healthy coping methods to combat stress so they can perform at a high level. In a recent study, parents raising school aged children reported higher levels of anxiety and burnout than the general population and were at higher risk of depression. The sheer quantity of work, worrying about the social and emotional health of their children and a lack of time to focus on their parent-child relationships were the major causes of stress that led to burnout.

[Click Here to Register](#)

April 12, 2022 6:00 pm—7:00 pm

Building Trusting Relationships with Difficult Children

Presenters: Dr. Don and Claudia Parker

This workshop discusses the characteristics of difficult children and the difficulties parents face in building trusting relationships with them.

As a result of attending this workshop the participants will be able to : Use connection strategies necessary to build meaningful relationships with children; Decode the true meaning of behavior displayed by difficult children; Foster a Relationship Building Mindset so they won't give up on making connection; Techniques to diffuse challenging children misbehavior and give your child hope to set goals and strive for a brighter future

[Click Here to Register](#)

April 25, 2022 6:00 pm—7:00 pm

Beginner's Guide to Augmentative and Alternative Communication (AAC) - Using AAC at Home

Presenters: Bri Bolin and Claire Smith

Presenters will engage the audience about how and why to use Augmentative and Alternative Communication (AAC) at home. Parents/Guardians/Families will increase their understanding and knowledge about AAC...what it is and why we use it. Attendees will leave with a plan of action that addresses how to build it into familiar daily routines and events.

[Click Here to Register](#)

**Click on the links below for additional
Parent Workshop resources**



https://www.fmptic.org/sites/default/files/Nel-Webinars-March-2022_0.pdf

SASED parent training resources link

<https://sites.google.com/sased.org/parent-resources/home>

Interested, but can't attend?

All events will be recorded for viewing at your convenience.

Register for the event and a link will be sent after the workshop.